Friday 31 May 2024 Saturday 1 June 2024

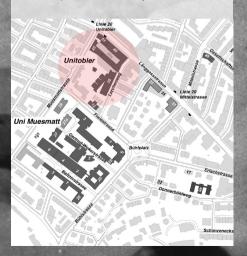
Room F-113

Lerchenweg 36, 3012 Bern Institute for the Science of Religion University of Bern

Registration via e-mail to: sekretariat.relwi@unibe.ch

For Participation via Zoom:

https://unibe-ch.zoom.us/j/3999770225



ETHICS AND
PHILOSOPHY
OF EXTREME
FASTING IN
EASTERN AND
WESTERN
TRADITIONS



UNIVERSITÄT BERN









Conference program



Friday 31 May 2024

8:30 Opening by Claire Maes and Jens Schlieter

Extreme Fasting in Religious and Ascetic Contexts

9:00 – 10:00 **Bernadett Bigalke** (Leipzig University, Germany)

The Celebration and Contestation of Extreme Food Abstinence as a Form of Piety among Western Catholic Women in Modern Times

10:00 - 11:00 Stefan Rindlisbacher

(Universities of Bern and Fribourg, Switzerland) Fasting in Life Reform Movements (1850-1950)

11:00 - 12:00 Kanae Kawamoto

(Tokyo University, Japan)

From Self-Starvation to Death to Self-Salvation to Life through Extreme Fasting: The Development of Yoshimoto Naikan Therapy

12:00 - 13:00 Lunch Break

13:00 - 14:00 Monika Schrimpf

(University of Tübingen, Germany)

Extreme Asceticism: Fasting, Self-Mummification, and Marathon Monks in Japan

14:00 - 15:00 Yutaka Kawasaki

(Tokyo University, Japan)

Philosophy and Ethics of the Jain Fast unto Death (sallekhanā)

15:00 - 15:30 Coffee Break

Hunger Strikes and the Philosophy of Non-Violent Resistance

15:30 - 16:30 Nayan Shah

(University of Southern California, U.S.A.)
African American Civil Rights Hunger Strikes and the
Quandaries of Mental Health and Fitness

16:30 - 17:30 lan Miller

(Ulster University, Ireland)

The Hunger Strikes of Suffragettes: The Ethical Dilemma of Force Feeding

17:30 - 18:00 Discussion



Saturday 1 June 2024

Hunger Strikes and the Philosophy of Non-Violent Resistance (Continued)

10:00 - 11:00 Vinay Lal

(University of California, Los Angeles, U.S.A.)

The Body in the Body Politic: Gandhi and the Art and Politics of Fasting

11:00 - 12:00 Valeriya Gazizova

(Heidelberg University, GSRL, Paris)

Underground Fasting Practices among Mongols in Soviet Kalmykia: Towards an Analysis of the Ethics of Resistance

12:00 - 13:00 Lunch Break

Systematic Comparison and Transcultural Philosophical Evaluation

13:00 - 14:00 Claire Maes

(University of Tübingen, Germany)

The Jain Fast unto Death and Voluntarily Stopping of Eating and Drinking: A Systematic Comparison

14:00 - 15:00 Jens Schlieter

(University of Bern, Switzerland)

The Ethics of Fasting to Death in Religion, Terminal Care, and Politics: Individual Decision-Making and its Effects on Communities

15:00 - 15:30 Coffee Break

15:30 - 17:00 Roundtable Discussion

Extreme Fasting Practices Compared